

'WHAT IF?' – Community Resilience Training
1st & 22nd May 2018, 7.30pm at St. Michael's Church Room

From the Parish Council

Please read the article below and let us know if you would like to attend these **FREE** training sessions. We won't be able to run them unless we have enough residents who can attend.

NB The 2 sessions are not identical – they are Parts 1 and 2 of the training.

Email (preferred): clerk@westgrinstead-pc.gov.uk or tel: 01403 710270 or drop a note into the Parish Office. Please give your name and contact details.

Introduction

The aim of the What If? campaign is to:

"Empower local people to help themselves and the vulnerable to prepare, respond and recover from events that disrupt the community from life as normal. Ensure local communities are able to adapt to adversity utilising local resources in an innovative way to meet the challenges of a changing society."

Context

The Future West Sussex Plan 2015 – 2019 guiding principles provide a vision of strong, vibrant communities. Helping people to help themselves and each other is at the heart of the plan. Being there to help people over hurdles when they need it but, wherever possible reducing a dependency culture and encouraging everyone to strive to achieve their aspirations.

Guiding Principles

- Help you to help yourself
- Help the most vulnerable feel supported and safe
- Do the things that are best delivered collectively
- Be there at times of crisis, such as fire or flood
- Enable and empower communities in helping themselves

Training Modules

Introduction to Emergencies (PART 1: Tuesday 1st May)

- Why develop Community Resilience (CR)
- What WSCC and its partners can do to support CR
- What events can impact a community
- How to assess those impacts
- Making a community plan
- How does the emergency response work and how communities can work in support of emergency responders
- Keeping safe in an emergency
- Keeping others from harm during an emergency

You Can Make a Difference (PART 2: Tuesday 22nd May)

- Dynamic and analytical risk assessment
- Reducing the impact of an incident
- Identifying community assets
- Preventing further harm
- Warning and informing others
- Guidance on specific hazards, Electricity, Working near water, working near a highway.
- Team leadership
- Communications
- Record keeping

[Christopher Scott: Resilience & Emergencies Team Adviser, WSCC]